

Doctor's Note/Prescription

Doctor Information

Name

Address

Phone

Patient Information

Name

DOB

Diagnosis

Acne

ADHD

Anxiety

Arthritis

Blood Pressure

Cancer

Celiac disease

Cholesterol -High

Chronic Fatigue
Syndrome

Crohn's disease

Depression

Diabetes (type 1)

Diabetes (type 2)

Diverticulitis

Eczema

Fibromyalgia

GERD

Heart Disease

IBS/Inflammatory Bowel

Kidney Disease

Lupus

Metabolic Syndrome

Migraines

Multiple Sclerosis

Psoriasis

Rheumatoid Arthritis

Thyroid disease

Triglycerides

Ulcerative colitis

Weight loss to treat health
condition: _____

Other _____

Prescription

Patient to take Savory Living's Healthy Eating Lifestyle Program to shift how they eat to support and manage conditions listed above.

Proven online healthy eating behavior change program that:

Inspires participants to shift how they eat to align with evidence-based best practices from leading institutions to manage their health condition and support a healthy lifestyle (e.g., Harvard School of Public Health, the American Diabetes Assoc., etc.).

Teaches the cooking and flavoring skills to make healthy eating easy (e.g., enjoying more vegetables and fruits, healthy proteins and fats; while reducing unnecessary sugar and salt).

Includes accountability and coaching around individual health goals as participants turn healthy eating into a delicious, easy and sustainable lifestyle.

I certify that the above service or product is medically necessary to treat the specific medical condition described above, and is not in any way for general health or for cosmetic purposes.

Signature

Date

Name