

# Doctor's Note/Prescription

## Doctor Information

Name

Address

Phone

## Patient Information

Name

DOB

## Diagnosis

Acne

Diabetes (type 1)

Migraines

ADHD

Diabetes (type 2)

Multiple Sclerosis

Anxiety

Diverticulitis

Psoriasis

Arthritis

Eczema

Rheumatoid Arthritis

Blood Pressure

Fibromyalgia

Thyroid disease

Cancer

GERD

Triglycerides

Celiac disease

Heart Disease

Ulcerative colitis

Cholesterol -High

IBS/Inflammatory Bowel

Weight loss to treat health  
condition: \_\_\_\_\_

Chronic Fatigue  
Syndrome

Kidney Disease

Other \_\_\_\_\_

Crohn's disease

Lupus

Depression

Metabolic Syndrome

**Duration:**

Intervention is self-paced and typically lasts for 16 months

**Prescription:**

Patient to take Savory Living's Eating Well for YOU Program to shift how they eat to support and manage conditions listed above.

Savory Living is a proven online healthy eating behavior change program that:

Inspires participants to shift how they eat to align with evidence-based best practices from leading institutions to manage their health condition and support a healthy lifestyle (e.g., Harvard School of Public Health, the American Diabetes Assoc., etc.).

Teaches the cooking and flavoring skills to make healthy eating easy (e.g., enjoying more vegetables and fruits, healthy proteins and fats; while reducing unnecessary sugar and salt).

Includes accountability and coaching around individual health goals as participants turn healthy eating into a delicious, easy and sustainable lifestyle.

I certify that the above service or product is medically necessary to treat the specific medical condition described above, and is not in any way for general health or for cosmetic purposes.

**Signature**

**Date**

**Name**